

Ice Tup Recipes



Chocolate Fudgecicles

1 QT chocolate Milk
2 egg yolks, no whites.

1 cup sugar

Mix ingredients. Stir Well. Pour into Ice Tups. Freeze. Makes 18.

Coco Fudgecicles

3 tbsp Instant Cocoa Mix
dash of salt
Vanilla

2 or 3 Tbsp sugar
2 eggs
2 1/2 cups milk

Beat eggs and add other ingredients. Pour into Ice Tups. Freeze. Makes 12.

Cream Fudgecicles

1 Pkg. instant chocolate pudding
1/2 cup cream

1/2 cup sugar
2 cup milk

Mix ingredients. Pour into Ice Tups. Freeze. Makes 12.

Rocky Road Pops

1 pkg. of chocolate pudding
1/4 cup peanuts

1/2 c. marshmallows

Mix all ingredients and pour into Ice Tups

Fudgecicles

1 Pkg. instant chocolate pudding 2 1/2 cups Milk

Mix as directed on pudding package. Pour into Ice Tups and freeze. Makes 12.

Ice Tupsicles

1 Pkg. Kool-Aid any flavor 1 cups sugar
1- 3 oz. Pkg. Jell-O (same flavor as Kool-Aid) 2 cups hot water

Mix well. Add 2 C cold water or apple juice and pour into Ice Tups and freeze (makes 18).

Summer Ice Pops

2 cups of OJ 1 cup of Milk
2 tsp. of vanilla

Mix in blender you can add coconut or strawberries (either one is wonderful) and then after blending pour into ice tubs and you have creamy wonderful pops that are also very healthy. You can use yogurt in place of milk and if you want you can add a 1/2 cup of sugar for taste.

Yogurt Jam Pops

2 – 8oz containers of plain yogurt 6 Tbsp jam or preserves, any flavor

Mix both ingredients together, fill Ice Tups and freeze.

Butterscotch Tups

1 pkg. butterscotch instant pudding 1 c. root beer
1 1/2 cups water

Combine all ingredients, pour into Ice Tups, and freeze.

Dreamsicles

1-2 tsp. Tang 1/2 tsp. vanilla extract
Milk

You can adjust the milk according to your taste. Mix all ingredients well and pour into Ice Tups & freeze.

Fizzy Pops

Mix club soda, 7-up or Sprite with a pkg. of Jello – the mixture will be bubbly. Pour into your Ice Tups and freeze.

Ice Cream Pops

1 ½ cups Milk
2 tsp. vegetable oil
½ cups of diced fruit

2 Tbsp. Honey
1 tsp. vanilla
1 cup whipping cream

Pull all ingredients into the blender for 2-3 minutes or until smooth. Pour mixture into Ice Tups and freeze.

Fast Flavored Pops

1 pkg. instant pudding (any flavor) 2 ½ cups water

Mix and pour into Ice Tups. Freeze & Enjoy!

Orange Pops

1 pkg. Orange Jello
1 cup boiling water

1 pkg. Orange Kool-Aid
1 cup Orange Juice

Dissolve the Kool-aid and Jello in boiling water. Add the Orange juice. Pour mixture into Ice Tups and freeze!

Pina Colada Pops

While pineapple choice, coconut, and banana in a blender, then fill Ice Tups molds and freeze.

Rocket Pops

Layer red, then white, then blue for festive popsicles.

- * Red: Kool-Aid, fruit punch, berry juice, red Jell-O
- * White: white grape juice, milk, yogurt, coconut/vanilla pudding, vanilla fruit shake
- * Blue: Kool-Aid or Jell-O

Snow Pops

1 – 8oz pkg. cream cheese, softened
½ pint heavy whipping cream
1 – 15oz. pkg. of frozen berries (your choice), thawed

¼ c. pure honey
3 cups mini marshmallows

Gradually add honey into the cream cheese & blend well. Stir in un-drained fruit. Fold in whipped cream and marshmallows. Fill Ice Tups. Enjoy!

Added ideas for these recipes:

- Make them like parfait cups and alternate layers using whipped topping.
- Add chocolate chips, sprinkles, marshmallows, coconut, nuts or whatever.
- Add food coloring to give added beauty to them!