

## Saving \$3000 PLUS on a family food budget for a typical family of four!

Fresh fruits and vegetables are most expensive in the winter months save money up to \$50.00 a month by keeping them longer and fresher with Tupperware.

### Fruits and vegetables stored in FridgeSmart.

- Broccoli can last up to 4 weeks.
- Cauliflower 3 to 4 weeks
- Celery 4 to 5 weeks
- Grapes up to 4 weeks and they get firmer
- Romaine Lettuce 3 to 4 weeks
- Mushrooms 2 weeks
- Strawberries 2 weeks



### FridgeSmart® Containers



Keep fruits and vegetables fresh longer!

Buying in Bulk and storing in Modular Mates can keep staples fresh for up to a year.

Bulk purchasing can cut your staples costs in half and keep your food fresher, than storing in plastic bags and boxes.

- Rice
- Pasta's
- Baking Powder
- Baking Soda
- Brown Sugar
- Flour
- Spices 1/3 the cost when buying in bulk
- Cereals buy giant boxes and get the deals keep them fresh in Cereal Storers.
- Oatmeal and many more.

### Modular Mates® Super Oval Pantry Set



Superior Storage Solutions Make a Smart Investment for Every Home!

Cooking in the Microwave using Vent 'n Serve will preserve the nutrients and minerals so that your family get the intended nutritional benefit of the food.

## Vent 'N Serve™ Small Round Set



Easy to plan ahead & store!

## Vent 'N Serve™



Value-packed set with new valve for easy reheating!

- Cook Whole Chicken in Large Deep Vent'n Serve. It's half the price and twice as moist as store bought Chicken.
- Cooking in the microwave uses 1/10 the energy it takes to use the conventional oven to cook the same amount of food..
- Get supper ready in just 30 minutes using the microwave and Vent'n Serve.
- Cook two or more foods at the same time using The Tupperware Micro Cooker.
- Cook Meats, vegetables, soups, pasta's, potatoes, and casseroles in the microwave in 1/3 the time and twice the nutrients.

## Tupperware Lunch Bag with Small Sports Bottle



Pack healthy, money-saving lunches!

## Lunch'n Things™ Container



Store Sandwiches & More With These Handy One-Piece Containers

Saving money on lunches.

- Eating lunches out cost approximately \$10.00 a day. Use Tupperware and save up to \$2400.00 a year.
- Sandwich Keepers
- Lunch 'n things
- Vent 'n Serve Soup Mug
- Crystalwave divided Dish
- Vent 'n Serve Round Dish
- Most Tupperware Products will help with the expense of lunch for everything from Soup to Nuts.

## Round Cake Taker



**A Baking Classic Reinvented for Today!**

## Jel-Ring® Mold



**Magical for Molded Desserts & More!**

Are you buying costly desserts for your family? Cut dessert costs in half by making your own easy to make desserts with Tupperware and Vent 'n Serve in the Microwave.

- Home Made Brownies in 5 minutes in the Large Deep Vent 'n Serve
- Cinnamon Buns in 3 minutes in Vent 'n Serve
- Christmas Candy in minutes 6 minutes using Vent 'n Serve
- Almond Bark in 6 minutes and save up to 70% on store bought candy.
- Carmel Popcorn in 4 minutes
- To die for Fudge in 3 minutes
- Peanut Brittle the easy way.
- Rice Krispie Squares in 40 seconds.
- Black Forest Cake.
- Hundreds of Dessert recipes on the Tupperware Web site.